



Retaining
Employment
and Talent After
Injury/Illness
Network

*A program managed by the
Vermont Department of Labor*

 labor.vermont.gov/vt-retain

Helping the Vermont Workforce Stay Strong, Healthy & Working!

What is VT RETAIN?

VT RETAIN is a free state program to help workers with a physical or mental health condition stay at or return to work. Our program is based in primary care clinics and connects workers to existing health and employment services. You connect them to us and we do the rest.

How VT RETAIN supports employers:

- Employees can access support more quickly, which is critical for returning to work.
- We coordinate vital communication between your employees and their clinicians, managers, and HR to expedite successful return to work.
- We identify and help employees address depression, anxiety, substance use, and other conditions that could result in poor work and health outcomes.
- Rapid and successful return to work saves you money and the headache of having to hire replacement staff.
- We support you (HR and managers) with evidence-based return-to-work guidance.

Did you know?

An employee has only a 50% chance of ever getting back to work after being out of work for 3 months for health reasons.



Subscribe to our newsletter.

To connect your employees with VT RETAIN:

1. Put up a screening poster with our QR code and contact information in the workplace
2. Provide our brochure to your employees when they take sick leave, file a workers' compensation or short-term disability claim, request an ADA accommodation or FMLA leave, etc.



Scan the QR code to order posters and brochures.

Workers who join VT RETAIN receive:

- Expert tips for safely working during an injury or illness
- Access to essential work-health resources
- Money for time spent participating
- Access to an Occ Doc through their primary care provider
- Some workers will also receive support and guidance from a Work-Health Coach

**Contact us anytime at 833-995-1085 or
labor.retain@vermont.gov**

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