

It's never been easier to access EAP services

Free and confidential **on-site** counseling is now available!

Free On-Site Counseling

for all MIIS employees

IT'S GOOD TO TALK

EAP is here for you.

An Invest EAP counselor is available **on-site** to talk to you each week. Simply request an appointment online!

PERSONAL AND DIRECT SUPPORT

Other people feel the way that you do — and we're helping them.

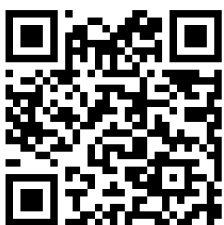
You don't have to face this alone

WE'RE HERE FOR YOU EVERY WEEK

Dr. Martha Gleason is available on-site each **Wednesday** to meet with you and provide **solution-focused counseling services**.

YOU'RE ALREADY A MEMBER

Using EAP/Centers for Wellbeing is strictly **confidential** and entirely **free**. Your employer will not know that you contacted us or what you talked about.



Scan the QR code to schedule an appointment or visit www.investeap.org/MIIS

Organizational Password is: midd



Dr. Martha Gleason, EAP counselor



CENTERS FOR WELLBEING