



FarmFirst
Resources and support for farmers

Sponsors

The Farm First Program is sponsored by the Vermont Agency of Agriculture, the University of Vermont Extension, VocRehab Vermont, and Invest EAP.



FarmFirst

1-877-493-6216
www.farmfirst.org



Ensuring Success for Vermont Farmers

Farm First is here to help direct farmers to needed resources and provide support for a wide range of personal and farm-related issues. Too often, Vermont farmers find themselves isolated and needing to confront difficult issues alone.

Farmers can now make a simple phone call to obtain help. Farm First staff can meet farmers either on the farm or at our offices throughout Vermont.

Our goal is to provide farmers with the support and resources that they need to succeed.



Life's Surprises

Life has a way of surprising us at times. What if you had access to a professional who you could confidentially discuss these surprises with and strategize how you're going to adjust to make things work out? Farm First provides you with access to just that.

Farm First staff is here to help with a wide range of issues such as:

- Farm labor and management issues
- Farm injuries and adaptive equipment
- Financial matters
- Alcohol or drug problems
- Relationship and family issues
- Legal challenges
- Stress or depression
- Impacts of natural disasters
- Elderly parents

Farm First staff are professionals with considerable experience helping farmers on these and other issues. Everything you discuss with a Farm First professional is completely confidential.



Business Success

Farm First was designed based on corporate employee assistance programs or EAPs. What's an EAP? Most U.S. Businesses have found that they are much more likely to succeed if their staff has access to free and confidential support around the wide range of life issues that can sometimes distract attention from work. Over 90% of Fortune 500 companies and over 70% of all U.S. businesses have an EAP.

If EAPs help businesses succeed, why not offer the same support to farmers who, after all, are also operating businesses? That's why we created Farm First. Think of it as your personal EAP to help your business succeed, especially when life throws challenges your way.

Call us anytime, day or night at
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