

# First To Respond



...but last to obtain help?



In accordance with the President's Task Force on 21<sup>st</sup> Century Policing, EAPFirst has been created to serve the wellbeing of Vermont's first responders.



*Certified EAPFirst counselors are available for the following:*

- Individual sessions following exposure to a critical incident
- Periodic department visits to familiarize themselves with police culture and personnel
- Participation at CISDs for your officers along with your trained Peers

# 21<sup>st</sup> Century Policing Needs 21<sup>st</sup> Century Support

## *The six pillars of EAPFirst:*

### Building Trust

We take the time to learn about your work, your values, your home life, and your relationship to the community as a whole.

### Confidential and Private

EAP adheres to the highest standard of professional ethics and state and federal laws.

### 1<sup>st</sup> Responder Culture

EAP counselors recognize the unique occupational stressors you face every day and know that it is a way of life, not simply a job.

### Immediate Crisis Response

EAP provides free, expert Critical Incident Management Services and support through any stressful or traumatic situation.

### Clear and consistent support

With Invest EAP, you know what to expect. We will outline your right to privacy and provide you with consistent support.

### Your Family Serves too

Your service can take a toll on your family, too. Everyone in your household is covered for our full range of counseling and resource services.



*Call us 24/7 for confidential support and resources.*

**1-855-EAP-1NOW**

[www.investeap.org/eapfirst](http://www.investeap.org/eapfirst)

A PROGRAM OF  
INVEST EAP